



30th Anniversary Year

The Audubon Outlook

Newsletter of the Lake County Audubon

Vol. 30, No. 5 Audbirds@aol.com 847-362-5134 Nov/Dec 2005

General Meeting: Nov. 7, 2005

The Exotic Everglades....

A Work in Progress

Presented by

Len Messineo

7:30 pm

Libertyville Village Hall
Second Floor Meeting Room
118 W. Cook
Libertyville, IL

Len Messineo's vivid slide lecture explores the unusual factors of a vast, complex system of water, climate, and geology unique to south Florida. It includes the mysterious plant life of a cypress swamp and the effect of dramatic fires on the ecology. A study of the past and present and expectations for the future are offered in a package of facts, narrative, and dramatic images in an uncomplicated overview of the world's only Everglades.

General Meeting: Dec. 5, 2005

Holiday Potluck Dinner

With special guest

Lynn Teneffoss, Vice President
Chapter Services and Programs

Join us for this popular evening of good food, great company, and a visit with Lynn Teneffoss

from National along with a representative from the Chicago Audubon. They will update us on national and local Audubon initiatives. Participants should bring a salad, a casserole, or a dessert. The time will be earlier than the regular meeting time of 7:30, and the location will be determined by the size of the response. Details will be given when you RSVP. Email audbirds@aol.com or call 847-362-5134 stating name and dish you will bring.

Upcoming Meetings:

February 6 Banish the Midwinter Blues with Bluebirds. Walt Sivertsen will brighten the midwinter with a slide program on those beautiful bluebirds we love to see. In addition, we will have our **birdhouse kits** available to build after Walt's program. Kits will include some for bluebirds.

March 6 – Controlled Burns: The Ecological Effects on our Plants and Animals. Ken Klick of the Lake County Forest Preserves will provide information on an increasing trend being used to restore our prairies.

April 3 – Bees: The Latest Buzz. Dave Bergman of the Lake County Beekeepers will give a Power Point program on these valuable and sometimes misunderstood insects. He will bring some of his "co-workers" for an up-close view of an enclosed bee colony.

May 1 – Hummingbirds-Enjoy Them for Longer Than A Nanosecond. Dave Willard (based on his schedule) from the Field Museum will bring valuable specimens from the museum's collection to help identify these beauties that we all hope to tempt into our yards.

Update: **The Prairie Corridor Initiative**

The March, 2005, Audubon Outlook reported a very important project to be managed by the Lake County Audubon Society. We have taken on the role of organizing a coalition of governmental bodies and volunteers from various groups to convert disrupted land along Rte.137 west and Peterson Road to native grasses and flowers (forbs). This will be a long-term project, taking up to 5 years, which will create a beautiful roadside legacy. We anticipate creating a pilot plot this fall that will help us determine the steps needed to establish the larger planted area. For further information or to volunteer, call Paul or Chris Geiselhart at 847-362-5134.

New Feature!

Guided Bird Walks:

LCAS encourages you to get out and enjoy our beautiful natural areas in Lake County. An excellent way to do that is to participate in guided bird walks. Several organizations run them including Wild Bird Center, Libertyville (WBC), Lake/Cook Audubon, a chapter of the Illinois Audubon Society, Volo Bog State Natural Area and Lake County Forest Preserve District (LCFPD) which currently has no schedule set.

Visit their websites at:

WBC:

<http://www.wildbirdcenter.com/stores/lib>

LCFPD:

http://www.lcfdp.org/calendar/index.cfm?fuseaction=calendar.view_main

Volo Bog State Natural Area:

<http://dnr.state.il.us/lands/education/INTERPRT/volo/VOLOBOG.HTM>

Guided Bird Walk Schedule

September 2005

- 10 WBC @ Wright Woods 8:00
- 17 WBC @ Mc Henry Dam/ Black Tern Marsh 8:00
- 18 Lake/Cook Aud. @ Almond Marsh 8:00
- 24 WBC @ Rollins Savannah 8:00

October

- 1 WBC @ Illinois Beach State Park 8:00
- 2 Lake/Cook Aud. @ Barnswallow Rehab Ctr 8:00
- 8-9 Lake/Cook Aud. w/ Heller Nature Center @ Int'l Crane Foundation, Baraboo, WI
- 8 WBC @ Reed-Turner Woodland 8:00
- 15 Lake/Cook Aud. @ Melody Farm Nature Ctr 8:00
- 15 WBC @ Lyon's Woods 8:00
- 22 WBC @ Volo Bog 8:00
- 23 Volo Bog State Natural Area 8:00
- 29 WBC @ Morrairie Hills State Park 8:00
- 30 Lake/Cook Aud. Hawk Watch @ N. Point Marina 9:00

November

- 5 Lake/Cook Aud. @ Skokie Lagoons 8:00
- 5 WBC @ Crab Tree Nature Center 8:00
- 6 Volo Bog State Natural Area 8:00
- 20 Volo Bog State Natural Area 8:00

December

- 4 Volo Bog State Natural Area 8:00

March 2006

- 26 Lake/Cook Aud. Lake County Loons 8:00

April

- 15 Lake/Cook Aud. @ Turner-Reed Pres. 8:00
- 30 Lake/Cook Aud. @ The Grove 8:00

May

- 14 Lake/Cook Aud. @ Reyerson Conserv. Area 8:00

June

- 4 Lake/Cook Aud. @ Chicago Botanic Gardens 7:00

Lake County Audubon Outreach

In order to become better known, we have prepared a pamphlet that you will see at public places such as libraries, Forest Preserve offices, and other venues. Watch for it! In addition, there are plans for our very own website. Watch for news of this as it becomes available.

General meetings of the Lake County Audubon are held at 7:30 pm on the first Monday of the month October through May skipping January.

These meetings are **open to the public** as well as to the members of the National Audubon Society and are typically held in the second floor meeting room of the Libertyville Village Hall at 118 W. Cook. This newsletter is mailed to our members two times in the fall and two times in the spring.

Email the Lake County Audubon

Lake County Audubon Society has an email list that is used to make two-way communication easier and allow updates on important environmental topics, upcoming programs, field trips, etc. This list will not be shared. If you would like to be on the list, please send your email request to **Audbirds@aol.com**

Electronic Newsletter

Lake County Audubon offers this newsletter electronically as a PDF file. Email us at **Audbirds@aol.com** to subscribe.

Homemade, No-melt Suet Recipe

With colder weather coming, it seems a good time to repeat this terrific recipe that appeared last year in this newsletter. Vic Taylor reports that he first tried it with a sample from Della Hamburg and has been making it himself regularly since then. The birds just love it, **especially the woodpeckers**, and seem to prefer it to store bought suet cakes. The recipe was taken from an article in the Backyard Bird Newsletter/Bird Watcher's Digest, Vol. 7, No. 3 Summer- June 2004.

Melt together in a water bath or double boiler:

1 cup lard

1 cup chunky peanut butter

Stir melted mixture into:

2 cups quick oats

2 cups yellow cornmeal

1 cup flour

1/3 cup granulated sugar or 1/2 cup raisins (optional)

Spread the mixture in a square baking pan (about 7" x 7") and allow to cool before cutting into squares.

Wrap in plastic wrap and store in the freezer.

Five Ways to Take the Initiative

(excerpted from an article by Jennifer Hat tamin Sierra Magazine, Sep/Oct 2005, page 65; <http://www.sierraclub.org/sierra/200509/bulletin.asp>)

Imagine a country free from pollution, where communities are healthy, wildlands are protected, and every citizen has the power to help keep things that way. If that sounds implausible in today's political climate, don't worry. Visionary ideas often do. But this future is achievable if everyone works together. While close to 70% of Americans agree with most of these values, only 20% identify strongly as environmentalists. That's a disappointing fact. It doesn't mean abandoning such environmental causes but restating them in terms of goals that a majority of Americans can share:

GET THE POISONS OUT of our water and air by enforcing existing pollution laws, making polluters clean up after themselves and reduce dangerous emissions.

CHOOSE CLEAN ENERGY for our homes and cars by encouraging use of renewable electricity and the raising of fuel-economy standards.

BUILD BETTER COMMUNITIES that are safer for cyclists and pedestrians by keeping public-transit systems strong and sprawl at bay.

PROTECT NATURE for the next generation by designing public lands as parks and wilderness areas, restoring native species, and creating open spaces for people to enjoy.

EXERCISE DEMOCRACY by speaking out in our communities to improve the environment in all these ways and more.

These ideas tap into basic American values of fairness, opportunity and progress. No matter where we live we all want safe and healthy neighborhoods. We all want nature close by and a say in how our communities grow. And we all want neighbors who will work with us and to protect what we love. So let's get started.

National Audubon Society
Lake County Audubon Society
P.O. Box 332
Libertyville, IL 60048

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DATED MATERIAL!!

Welcome New Members!

(June-July)

Ada Berggren	Hawthorn Woods
Mr./Mrs Joseph Drapalik	Waukegan
C. Frederick	Lake Bluff
Samantha Mausky	Lindenhurst
Stephen Packard	Northbrook
Bev Paulan	Antioch
Gloria Allen	Lincolnshire
Milton Anderson	Lindenhurst
Lori Birren	Round Lake Beach
John Brahmer	Vernon Hills
Ruth Liddle	Antioch
Carol Powills	Lindenhurst
Leonore Steinberg	Highland Park
Harriet Weisman	Highland Park
Paul Weiss	Zion
Marcia Welch	Waukegan
Jean Yamakoshi	Lake Forest

**We hope to get to know you at one of our
future programs.**

National Audubon Membership

New memberships only...sorry not for renewal.
Join or give a gift subscription today at the special
Introductory rate of just \$20...43% off the basic rate.

Mail your check and this form to:

Lake County Audubon Society
P.O. Box 332
Libertyville, Illinois 60048

Name _____

Address _____

(city) _____ Illinois(zip) _____

Telephone _____

e-Mail Address _____

Make checks payable to National Audubon Society.
Dues include \$15 for AUDUBON magazine. Please
allow 4-6 weeks from receipt of payment to receive
your first issue of AUDUBON.

___The National Audubon Society occasionally
makes its membership list available to carefully
selected organizations whose mailings you might find
of interest. To have your name omitted from this list,
please check here.

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